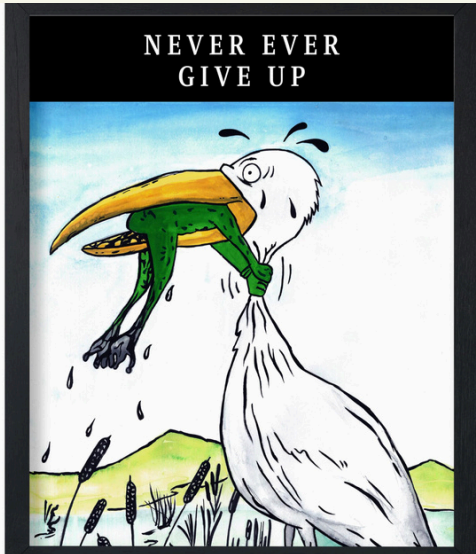


# NEWSLETTER

June 2025 Betts Defense Training LLC

443-803-1399



## OUR GOALS THIS MONTH

Learn, train, repeat. You are never out of the fight, If you aren't done the fight isn't over. A. E. D. Avoid, Escape, Defend. A- Avoid the bad situation if you can. E- Escape QUICKLY and safely. do not put yourself into a worse situation. D-Defend That means you may have to swallow some pride to de-escalate. Its better to walk away from a bad situation SAFELY (if you are alone or with your loved ones) than to risk your freedom.

**BE SAFE. BE AWARE.**

## THE NEWS

Combo # 1 June 6-7

Combo #2 June 14-15

CCW renew June 27<sup>th</sup>

Betts Defense Training will be closed June 19-24.



## FATHER'S DAY GIFTS!

Need the perfect gift for Dad? Help him protect himself with an online or in-person class!!

**Father's Day is Sunday**

**June 15<sup>th</sup>** - BDT classes resume June 27 2025





## MY GEAR - YOUR GEAR NEW GEAR:

The gear and gadgets I talk about in my class, and that I use and recommend, are available on my website [Amazon store](#).

I am updating and listing more self defense and emergency first aid products as often as I can.

One gadget I highly recommend is the green laser pointer, The distance you can "reach out and touch someone" and cause the OODA loop pucker factor is AMAZING.



## GET THE FACTS CLASS

Remember as Alumni you can come sit in on a full day class, bring a friend.

## GET THE FACTS

Interested in the laws surrounding gun ownership, self-defense, use of force, firearm law updates & dealing with a 911 call but DON'T WANT A Maryland HQL or Conceal Carry and Wear (CCW) Permit?

**Take Our \$50.00  
"Get The Facts" Class**

It will get you a seat in any one of our MD CCW / HQL class (one 8hr classroom portion) - come for just the classroom portion.

Decide to join the range portion to get your license? Simply pay the balance.



## BDT'S TRAINING TIP

### SITUATIONAL AWARENESS

Always practice A- E- D and remember the 3 to 5 rule. Dynamic critical incidents happen "Fast" 3 to 5 second "Close" 3 to 5 yard. and require 3 to 5 "impacts" to stop. Be diligent when it comes to protecting yourself and your loved ones.

"Be polite, be professional but have a plan to kill everyone you meet." Ret USMC Col. James Mathis.

Remember your "Bubble" check behind you, no need to be neurotic or hectic. Head up eyes up, I see you. Walk faster or slower than the crowd. Get off the "X".